

**University of California, Irvine School of Medicine
Geriatric Workforce Enhancement Program (GWEP)**

**An Online Geriatric Training Series on Cultivating a Culture of Caring for Older Adults
Session 4: Pharmacotherapy of Insomnia in Older Adults**

Purpose

The purpose of UCI's GWEP is to build a more responsive and agile workforce educated in individual and population-based care and to drive innovation in care coordination by delivering geriatric healthcare delivery models. We encourage you to view all session within the series. At the conclusion of the series, participants should be able to identify and respond to the geriatric needs of the culturally diverse communities they serve.

This project is supported by the Health Resources and Services administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under 1 U1QHP28724-01-00, Cultivating a Culture of Caring for Older Adults, for \$2.5 million. This information or content and conclusions are those of the author and should not be construed as the official position of policy of, nor should any endorsements be inferred by HRSA, HHS, or the U.S. Government.

Target Audience

MD, DO, NP, PA – in Family Medicine and Internal Medicine.

Activity Objective

At the conclusion of this activity, the participants should be able to:

Identify and respond to the geriatric needs of the culturally diverse communities they serve, particularly those utilizing FQHC and safety net care programs.

Accreditation Statement

The University of California, Irvine School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Designation Statement

The University of California, Irvine School of Medicine designates this enduring material for a maximum of 0.75 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

California Assembly Bill 1195 and 241

This activity is in compliance with California Assembly Bill 1195 and 241, which require CME activities with patient care components to include curriculum in the subjects of cultural and linguistic competency & implicit bias. It is the intent of AB 1195 and AB 241 to encourage physicians and surgeons, CME providers in the State of California, and the Accreditation Council for Continuing Medical Education to meet the cultural and linguistic concerns of a diverse patient population and reduce health disparities through appropriate professional development. Please see the CME website, www.meded.uci.edu/cme, for AB 1195 and AB 241 resources.

Faculty and Planning Committee

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How to Get Your Certificate

View the video in its entirety, provide your name/credentials/e-mail address/specialty, take the quiz and pass by 75%, receive your certificate.

UCI OCME requires that the content of CME activities and related materials provide balance, independence, objectivity, and scientific rigor. Planning must be free of the influence or control of an ineligible company and promote improvements or quality in healthcare. It is the policy of the UCI Office of Continuing Medical Education to insure balance, independence, objectivity, and scientific rigor in all its educational activities. All faculty and planners participating in UCI accredited CME programs are required to disclose to the activity participants any real or apparent conflict(s) of interest. This pertains to relationships with pharmaceutical companies, biomedical device manufacturers, or other corporations that may be considered ineligible companies. The intent of this policy is identifying potential conflicts of interest so participants can form their own judgments with full disclosure of the facts. It remains for the participants to determine whether the speaker's outside interests reflect a possible bias in either the exposition or the conclusions presented.

This activity's director(s), speakers, planners, peer reviewer, authors, coordinators and moderators have no financial relationships to disclose, except the following:

Speaker/Planner Name	Name of Ineligible Company	Nature of Relevant Relationship	Conflict Mitigation Method
Lisa Gibbs, MD	Johnson/Johnson, Moderna, Illumina	Stock Shareholder (excluding mutual funds)	Dr. Gibbs will recuse herself and will defer to Dr. Sehgal in the planning of any activity content related to her disclosure information.

All conflicts have been mitigated in advance.

The views and opinions expressed in this activity are those of the faculty and do not necessarily reflect the views of the University of California, Irvine School of Medicine.